

# Orbital Angular Momentum Mode Converter Based on Helical Long Period Fiber Grating Inscribed by Hydrogen–Oxygen Flame

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**Abstract**—A high-efficiency grating fabrication method was, for the first time, demonstrated to inscribe helical long period fiber gratings (H-LPFGs) in small numbers by means of twisting a standard single-mode fiber (SMF) during hydrogen–oxygen flame heating and then cutting the helical fiber into in series of sections. Each section of the helical fiber was a desired LPFG whose resonant wavelength, i.e., grating pitch, can be changed by adjusting the twist rate of the helical fiber. The H-LPFG inscribed in a standard SMF could be used to generate orbital angular momentum (OAM) modes, i.e.,  $OAM_{+1}$  mode, with a purity of 91% and a conversion efficiency of 87% within a large wavelength range from more than the cutoff wavelength of an SMF, which is highly advantageous to all-fiber optical communications based on the OAM mode-division multiplexing technique.

**Index Terms**—Fiber optics components, fiber optics communications, gratings, optical vortices.

## I. INTRODUCTION

THE optical orbital angular momentum (OAM) of a light beam has attracted great attention owing to its potential applications in various fields, such as optical fiber communications [1], [2], optical tweezers [3], and detection of rotating objects [4]. Meanwhile, one primary interest of all-fiber optical communication system is to achieve a higher data transmission capacity, which can be realized by use of the mode-division-multiplexing (MDM) technique based on OAM modes [5], [6].

Manuscript received July 22, 2017; revised November 9, 2017; accepted December 17, 2017. Date of publication December 25, 2017; date of current version February 27, 2018. This work was supported in part by the National Natural Science Foundation of China under Grants 61425007, 61635007, 61675137, and 61605129, in part by the National Guangdong Natural Science Foundation under Grants 2015B010105007, 2014A030308007, and 2017A010102015, in part by the National Education Department of Guangdong Province under Grant 2015KTSCX119, in part by the National Science and Technology Innovation Commission of Shenzhen under Grants JCYJ20160427104925452 and JCYJ20170412105604705, and in part by the National Personal Crew of Science and Technology Program of Shenzhen under Grant GRCK2016082611313201. (Cailing Fu and Shen Liu contributed equally to this work.) (Corresponding author: Yiping Wang.)

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Digital Object Identifier 10.1109/JLT.2017.2787120

In addition, the existed ways to generate OAM modes are usually based on a cylindrical-lens mode converter [7], a q-plate [8], an integrated silicon device [9], a micrometer-scale meta-reflectarray [10], etc. Unfortunately, such OAM mode converters have to be free-space coupled with a single-mode fiber (SMF) in order to integrate with a current all-fiber optical communication system, which is disadvantageous to optical communications due to a large free-space-coupling loss. Recently, a few researchers have demonstrated various all-fiber OAM converters, such as a mechanical-microbend-induced long-period fiber grating (LPFG) in a few-mode fiber (FMF) [11], an acoustically induced LPFG in a two-mode fiber (TMF) [12], a CO<sub>2</sub>-laser-induced LPFG in a TMF [13], a fiber Bragg grating in an OAM-supporting fiber [14], and a twisted photonic crystal fiber (PCF) [15]. However, such OAM converters were created in special types of fibers, i.e., FMFs, TMFs, and PCFs, rather than in a standard SMF. All of the aforementioned fibers have to be specially designed to generate OAM modes. As a result, they are very expensive and commercially unavailable.

In this paper, we experimentally demonstrated a novel OAM mode converter based on a helical-LPFG (H-LPFG) inscribed in a standard SMF. Such an H-LPFG was inscribed by means of twisting a standard SMF during hydrogen–oxygen flame heating. Moreover, such a LPFG inscription method could be used to fabricate LPFGs in small numbers by means of twisting the fiber once.  $OAM_{+1}$  mode was generated and detected by means of the space-free interference between a light through the H-LPFG and a reference beam. Furthermore, the  $OAM_{+1}$  mode could be generated within a wide wavelength range from 1520 to 1620 nm by changing the grating pitch of the inscribed H-LPFG.

## II. EXPERIMENTAL RESULTS AND DISCUSSIONS

As shown in Fig. 1(a), an experimental setup was designed and built to inscribe an H-LPFG in a standard SMF with a diameter of 125  $\mu\text{m}$  (Corning SMF-28). One end of the employed optical fiber, after removing the coating, was fixed on a translation stage (i.e., translation stage1, Model M-IMS600LM, Newport Corp., USA) via a dual-arm fiber holder. Another end was installed along the central axis of the rotation motor (Model QS-M42, Keyence Corp., Singapore) affixed on another same type of translation stage (i.e., translation stage2). A hydrogen–oxygen flame produced by a hydrogen generator (Model

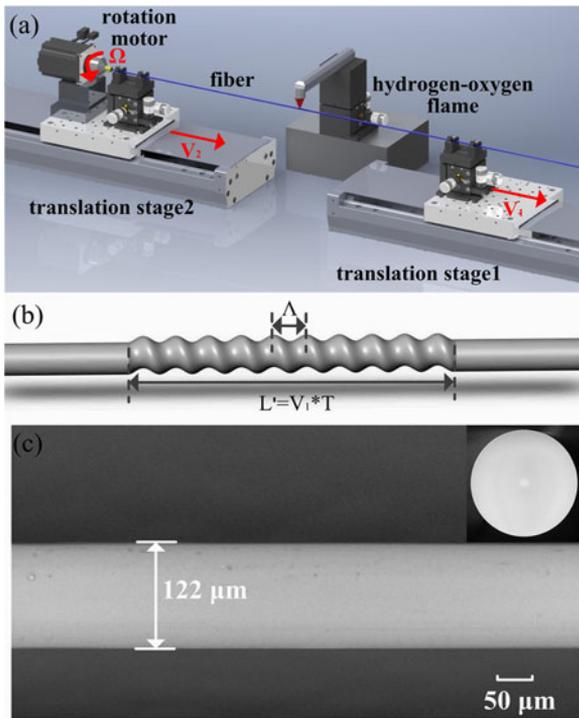


Fig. 1. (a) Schematic diagram of H-LPFG inscription by use of a hydrogen-oxygen flame. (b) Schematic diagram of periodic helical structures solidified in the fiber. (c) Scanning electron micrographs of the side view and cross-section (inset) of an inscribed H-LPFG sample.

TH-500, China) was used to heat the optical fiber. The rotation motor was employed to twist the optical fiber during hydrogen-oxygen flame heating. A LabVIEW (National Instruments Corp., TX, USA) program with a friendly operational interface was completed to simultaneously control each device in the experimental setup.

First, the hydrogen-oxygen flame with a heat zone of approximately 1 cm was launched to heat the fiber into a fused status. The two ends of the fiber were then continuously moved along the fiber axis via the translation stage1 with a velocity of  $v_1$  and the translation stage2 with a velocity of  $v_2$ , respectively. In our experiments,  $v_1$  and  $v_2$  were set as 1.60 and 1.56 mm/s, respectively. Note that  $v_1$  must be greater than  $v_2$  in order to apply a certain longitudinal stress in the fiber. In addition, the left end of the fiber was twisted with a constant rate of  $\Omega$ . After twisting the fiber with a rate of  $\Omega = 183$  rpm for a time of  $T = 50$  s, a helical optical fiber with a length of 80 mm and a helical pitch of  $524.5 \mu\text{m}$  was achieved. Note that the total length of the helical fiber was achieved using the equation  $L' = v_1 * T$ , and the helical pitch ( $\Lambda$ ), i.e., grating pitch, was calculated using the equation  $\Lambda = v_1 * 60 / \Omega$ .

As soon as the heated zone of the fiber was moved away from the hydrogen-oxygen flame, periodic helical structures with a fused status were solidified in the fiber, which are schematically illustrated in Fig. 1(b). Thus, periodic residual stress was reserved in the helical fiber. The mechanism of the phenomenon is similar to that of the residual stress induced in the fiber drawn via a drawing tower. As a result, periodic refractive index modulations were induced along the helical fiber axis due to the

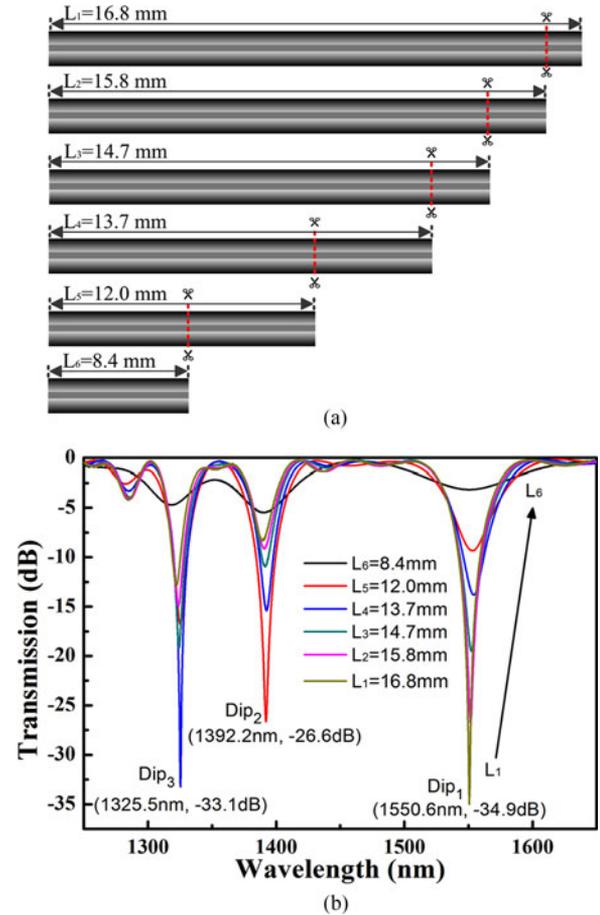


Fig. 2. (a) Schematic diagram of the process for cutting the H-LPFG with a grating pitch of  $524.5 \mu\text{m}$  to decrease the number of grating periods. (b) Transmission spectrum evolution of the H-LPFG with a grating length decrease from 16.8 to 8.4 mm (i.e., number of grating periods).

well-known elastic-optic effect, thus inscribing an H-LPFG. As shown in Fig. 1(c), no physical deformation was observed on the surface of the achieved helical fiber, but the diameter of the fiber decreased from 125 to  $122 \mu\text{m}$  as a result of the velocity difference ( $0.04$  mm/s) between  $v_1$  and  $v_2$ .

In order to measure the transmission spectrum evolution of the H-LPFG achieved, as shown in Fig. 2(a), a helical optical fiber with a length of 80 mm and a helical pitch of  $524.5 \mu\text{m}$  was cut step by step to shorten gradually its length by use of a computer-controlled precision cleaving system comprising an optical fiber cleaver (Model FC-6S, Fujikura Ltd., Japan), an industrial CCD camera, and a precision translation stage with a step of  $0.1 \mu\text{m}$ . The industrial CCD camera was employed to simultaneously monitor the desired position on the fiber surface and the cleaving edge of an optical fiber cleaver. Thus, a desired length of the H-LPFG could be obtained with a length accuracy of less than  $10 \mu\text{m}$ . Then, each end of the cut helical fiber, i.e., H-LPFG, was spliced to a SMF in order to measure its transmission spectrum using a broadband amplified spontaneous emission light source with a wavelength range from 1250 to 1650 nm and an optical spectrum analyzer (OSA) (Model AQ6370C, Yokogawa Electric Corp., Japan) with a resolution of  $0.2$  nm. Three resonant dips, i.e., Dip<sub>1</sub>, Dip<sub>2</sub>, and Dip<sub>3</sub>,

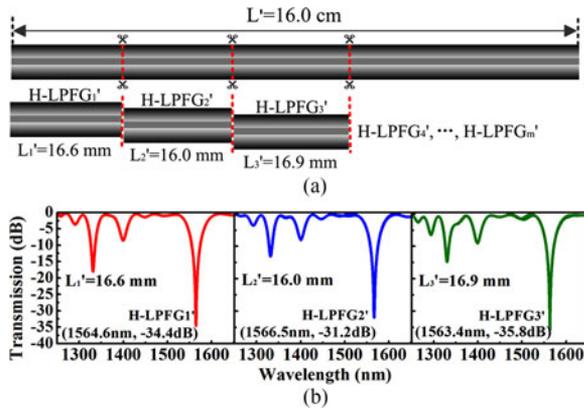


Fig. 3. (a) Schematic diagram of achieving different H-LPFG samples by cutting a helical optical fiber. (b) Transmission spectra of H-LPFG<sub>1</sub>, H-LPFG<sub>2</sub>, and H-LPFG<sub>3</sub>.

with an insertion loss of less than 0.2 dB were observed within the wavelength range from 1250 to 1650 nm. While the grating length increases from 8.4 to 16.8 mm (i.e., from 16 grating periods to 32 grating periods), as shown in Fig. 2(b), the resonant wavelength, corresponding to Dip<sub>1</sub>, of the H-LPFG with a grating pitch of 524.5  $\mu\text{m}$  shifts from 1553.0 to 1550.6 nm due to negative refractive index modulation induced by elastic-photo effect in the twisted fiber, and the maximum attenuation at the resonant wavelength increases from  $-3.2$  to  $-34.9$  dB. The phenomenon is similar to the transmission spectrum evolution of the CO<sub>2</sub>-laser-induced LPFG observed with an increase of the exposure time [16]–[19], which confirms that a section of the helical fiber is actually a desired LPFG.

Another helical fiber sample with a total length of 160 mm and a helical pitch of 527.4  $\mu\text{m}$  was fabricated with parameters of  $v_1 = 1.60$  mm/s and  $T = 100$  s by use of the experimental setup illustrated in Fig. 1(a). As shown in Fig. 3(a), the helical fiber sample was cut into a series of H-LPFGs (H-LPFG<sub>1</sub>', H-LPFG<sub>2</sub>', H-LPFG<sub>3</sub>', ..., and H-LPFG<sub>m</sub>') with a length of  $L_1'$ ,  $L_2'$ ,  $L_3'$ , ..., and  $L_m'$ , respectively, by use of the computer-controlled precision cleaving system mentioned above. Fig. 3(b) illustrates the transmission spectra of H-LPFG<sub>1</sub>', H-LPFG<sub>2</sub>', and H-LPFG<sub>3</sub>' with a length of 16.6, 16.0, and 16.9 mm, respectively. And each H-LPFG sample has a low insertion loss of less than 0.2 dB and a maximum attenuation of more than  $-30$  dB. This indicates that a few high-quality LPFGs were achieved by means of cutting the helical fiber. In other words, H-LPFGs can be inscribed in small numbers by means of twisting a SMF once during hydrogen-oxygen flame heating, which is a great advantage over other grating inscription methods [20]–[22]. In our experiments, a helical fiber with a length of about 300 mm and a uniform diameter within the total fiber length has been fabricated in a short time of 188 s using the experimental setup illustrated in Fig. 1(a). Then, fifteen H-LPFGs were obtained in small numbers by means of cutting the helical fiber into a series of sections with a length of approximately 20 mm. And high efficiency and good repeatability of the H-LPFG fabrication method above was proved in our experiments.

To investigate the phase matching condition as a function of the resonant wavelength, six helical fiber samples (H-LPFG<sub>1</sub>,

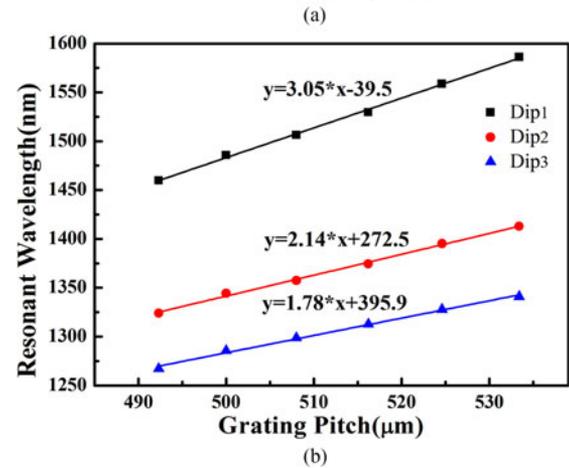
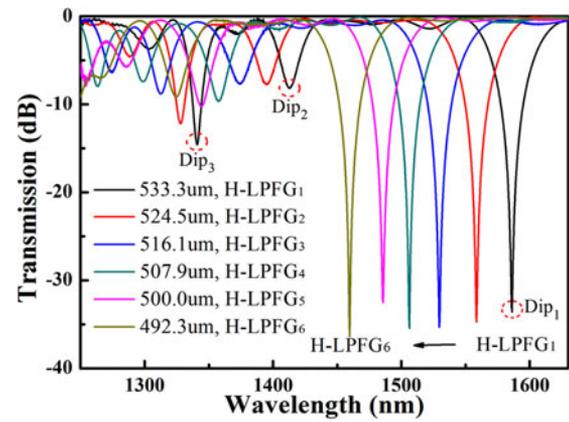


Fig. 4. (a) Transmission spectra of six H-LPFG samples with grating pitches of 533.3, 524.5, 516.1, 507.9, 500.0, and 492.3  $\mu\text{m}$ . (b) Measured resonant wavelengths of the H-LPFGs versus grating pitch.

H-LPFG<sub>2</sub>, ..., and H-LPFG<sub>6</sub>) with the same number of grating periods (i.e., 32 grating periods) and different grating pitches of 533.3, 524.5, 516.1, 507.9, 500.0, and 492.3  $\mu\text{m}$  were fabricated by applying a twist rate of 180, 183, 186, 189, 192, and 195 rpm, respectively. Fig. 4(a) illustrates that each H-LPFG has three attenuation dips (Dip<sub>1</sub>, Dip<sub>2</sub>, and Dip<sub>3</sub>) with a low insertion loss of less than 0.2 dB. And Dip<sub>1</sub> of each H-LPFG has a large coupling strength of more than  $-32$  dB at the resonant wavelength. As shown in Fig. 4(b), the measured resonant wavelength was shifted toward a longer wavelength with the increase of grating pitch, which is the same trend exhibited in conventional laser-induced LPFGs [23], [24]. This phenomenon confirms again that each section of the helical fiber is actually a desired LPFG. And high-quality H-LPFGs with a desired resonant wavelength can be realized by changing the twist rate of the fiber.

An experimental setup illustrated in Fig. 5(a) was demonstrated to detect the OAM modes generated by our H-LPFGs illustrated in Fig. 4(a). Light from a tunable laser (Model 81940A, Agilent Technologies, Santa Clara, CA, USA) with a wavelength range from 1520 to 1620 nm was divided into two parts by a fiber coupler (90:10). One part of the light (90%) was propagated into an achieved H-LPFG to generate OAM modes and then collimated into a beam splitter (BS) through a lens (Lens1). The H-LPFG sample was cleaved at the last grating period to detect

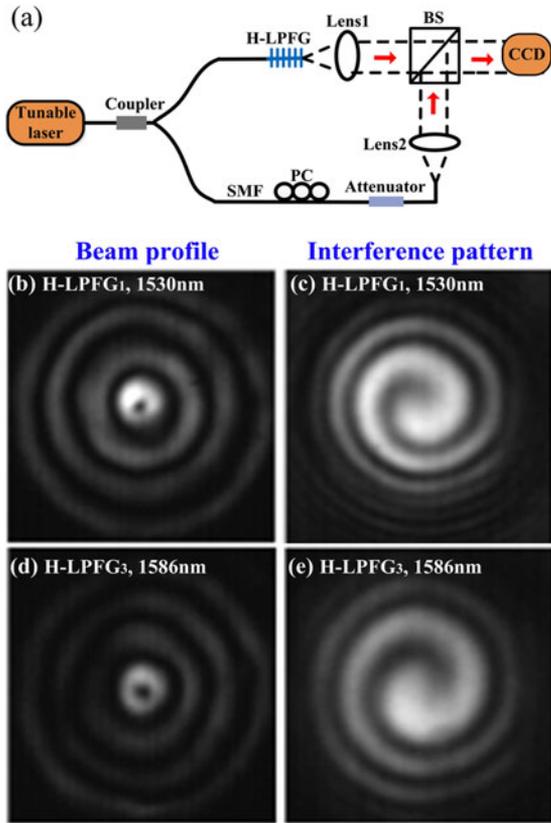


Fig. 5. (a) Schematic diagram of experimental setup for detecting the OAM modes generated by the inscribed H-LPFG. (b), (c), (d), (e) Beam profiles (left) and interference patterns (right) of the  $OAM_{+1}$  mode generated by the inscribed H-LPFG<sub>1</sub> and H-LPFG<sub>3</sub> at the wavelength of 1586 and 1530 nm, respectively.

the generated OAM mode. Another part of the light (10%) was propagated into a polarization controller (PC) and an attenuator, and then collimated into the BS through another lens (Lens2) as a reference beam. The intensity of the reference beam was controlled to achieve clear interference patterns by the tunable attenuator. The generated OAM modes from the H-LPFG interfered with the reference beam on the BS. The beam profile and interference pattern of the generated OAM can be observed by use of an infrared CCD (Model 7290A, Electrophysics Corp.).

Without the reference beam, as shown in Fig. 5(b) and (d), the near-infrared mode beam profile of H-LPFG<sub>1</sub> and H-LPFG<sub>3</sub>, illustrated in Fig. 4(a), with a resonant wavelength of 1586 and 1530 nm, respectively, had a clear annular shape in the center. In order to verify the characteristic of a helical phase, the generated OAM mode was interfered with the reference beam. Consequently, as shown in Fig. 5(c) and (e), the anti-clockwise spiral interference patterns for the  $OAM_{+1}$  mode, corresponding to H-LPFG<sub>1</sub> and H-LPFG<sub>3</sub>, at resonant wavelengths of 1586 and 1530 nm were clearly observed, indicating that the  $OAM_{+1}$  mode was successfully generated at the output end of the H-LPFGs. Moreover, our H-LPFGs could be used to generate high-quality OAM modes within a large wavelength range from more than the cutoff wavelength of a SMF. Currently, the OAM modes were experimentally generated within the wavelength range from 1520 to 1620 nm by means of chang-

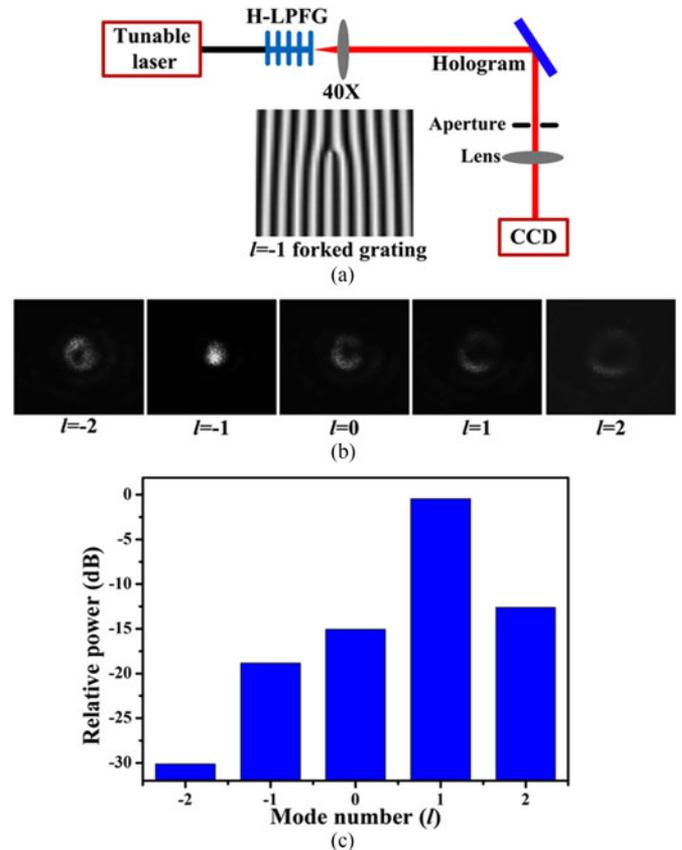


Fig. 6. (a) Experimental setup for measuring the purity of the OAM mode generated by the inscribed H-LPFG; (b) Beam profiles of the generated OAM mode pattern when a series of forked holograms ( $l = -2, -1, 0, +1, +2$ ) were applied; (c) Calculated relative power of the generated OAM modes.

ing the pitch of the H-LPFGs due to the wavelength range limit of our current tunable laser. As well-known, the incident beam from the tunable laser does not carry any OAM. The OAM of light was excited at the output of the twisted fiber, i.e., H-LPFG, resulting from helical structure with single-helix rotational symmetry in the cross section of the fiber [25].

As shown in Fig. 6(a), the purity of the generated OAM mode in the inscribed helical fiber grating, e.g., H-LPFG<sub>1</sub>, was measured to investigate further the characterization of the OAM by use of mode decomposition method based on holograms [26], [27]. The forked holograms were generated by a reflective phase-only liquid crystal spatial light modulator (LC-SLM, holoeye). Only the first order diffraction was passed through an aperture. A lens with a long focal length of 20 cm and an infrared CCD (Model 7290A, Electrophysics Corp.) were employed to observe the far-field beam profile. The first-order diffraction beam from a forked grating with an order of  $l$  has an added helical phase,  $\exp(il\theta)$ . A forked hologram with  $l = -1$  was applied to convert the OAM mode with  $l = 1$  to  $LP_{01}$  mode. Then, as shown in Fig. 6(b), a series of forked grating holograms ( $l = -2, -1, 0, +1, +2$ ) were applied to observe the beam profile of the conjugate OAM mode. The modal contribution of each OAM mode was measured by recording the power in the center of the corresponding beam profile illustrated in Fig. 6(b). We calculated the relative power of the generated OAM modes.

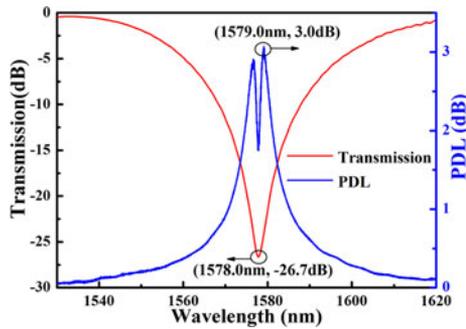


Fig. 7. Measured transmission spectrum (red) and PDL (blue) of the H-LPFG with a grating pitch of  $533.3 \mu\text{m}$ .

As shown in Fig. 6(c), the representative data demonstrated that  $l = +1$  mode of the generated OAM modes is primary, and the purity of  $\text{OAM}_{+1}$  mode is 91%. Furthermore, H-LPFG<sub>1</sub> has a low insertion loss of less than 0.2 dB and a high coupling efficiency of  $-32.5$  dB at the resonant wavelength of 1586.1 nm, thus its conversion efficiency from the core mode to  $\text{OAM}_{+1}$  mode is up to 87%.

In order to investigate the polarization characteristics of our H-LPFGs, a tunable laser (Agilent Model 81940A), a polarization synthesizer (Agilent Model N7786B), and an optical power meter (Agilent Model N7744A) were employed to measure the polarization-dependent loss (PDL) of a H-LPFG with a resonant wavelength of 1578.0 nm and a maximum attenuation of  $-26.7$  dB. As shown in Fig. 7, the H-LPFG has a maximum PDL of 3.0 dB around the resonant wavelength, resulting from the asymmetric azimuthal profile of refractive index modulation in the H-LPFG.

### III. CONCLUSION

In conclusion, high-quality H-LPFGs were fabricated in small numbers by twisting a standard SMF with a fused status and then cutting the helical fiber into a series of sections. Each section of helical fiber is an ideal LPFG whose resonant wavelength, i.e., grating pitch, can be changed by adjusting the twist rate of the helical fiber.  $\text{OAM}_{+1}$  modes were experimentally generated at wavelengths of 1530 and 1586 nm using the H-LPFG inscribed in a standard SMF. The  $\text{OAM}_{+1}$  mode exhibits a purity of 91% and a conversion efficiency of 87%. Moreover, such a H-LPFG can be used to generate  $\text{OAM}_{+1}$  modes within a large wavelength range from more than the cutoff wavelength of a SMF, which have important applications based on OAM mode-division multiplexing in all-fiber optical communications.

### ACKNOWLEDGMENT

The authors acknowledge Prof. Zhaohui Li (Sun Yat-sen University, China) and Dr. Shecheng Gao (Jinan University, China) for providing help during OAM purity measurements.

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